

**for  
therapists:**

**weekly courses**

**monthly groups**

**annual**



**Considering Gender & Sexuality:** a 12 week course running for 3 hrs on consecutive Tuesday evenings starting 18<sup>th</sup> Oct 2011 where issues around gender and sexuality as they are met in the clinic will be explored. The course is run by two facilitators, who will work from both a theoretical and a clinical aspect. Reading material will be supplied. Course Fee €550

**Crossing the Threshold: Working with Adolescents and Young Adults:** a six week course running for 2.5 hrs on consecutive Tuesday evenings starting February 21st 2012. The course content will focus on working with young adults who are moving out of adolescence into adulthood and the transitional stage between the ages of 18 and 25. The focus will be clinically based and the learning will be experiential. Course Fee: €225

**Enjoy Freud:** This reading group meets for nine 90 minute sessions on the 2nd Monday of the month, starting in October, and will be of interest to those who wish to read and deepen their understanding of Freud's writings in a relaxed and comfortable environment. The readings are selected from his lesser known and shorter writings which explore some of his less well known theories. It is not intended that there be a clinical application of the material in this reading group, rather it is intended to foster a theoretically-based discussion that encourages the development of thinking psychoanalytically. Reading material is selected by the facilitator (and is required to be read in advance of the group.) Course Fee: €200

**Developing Theoretical Insight:** This facilitated group has been developed with the new practitioner in mind, to provide a space to explore psychodynamic theory relevant to clinical practice in a supportive, discursive and inquiring way. Topics emerge from the members' learning needs. The topics and related reading material, which will give rise to discussion, are selected by the facilitator arising out of the requests of the group and will be circulated in advance of the group meeting. There are two groups which meet for 90 minutes monthly on the 3rd Monday (evening) or on the 2nd Wednesday (morning), starting in September 2011. Course Fee: €200

**Reading Group:** This is a peer led group which meets for 90 minutes on the 4<sup>th</sup> Monday of the month between September and June so that practising therapists (only) can come together in an informal but disciplined way to develop their theoretical learning & thinking so as to improve their clinical practice. The readings will be chosen by the group members themselves arising out of their own preferences and needs so allowing for an eclectic mix, pertaining to various psychotherapeutic disciplines and methods. The first and last sessions will be facilitated by an experienced group leader who will encourage group members to define the task of the group and to identify how the task will be/has been achieved. Course Fee: €100

**Talkabout:** will take place between 19.30 & 21.30 on the first Monday evening of November, February and April. This median group ( between 16-20 people) provides a thought-provoking space where therapists can experience community conversation to gain insight about personal positioning through the exploration of issues that are of collective concern and bring psychoanalytic thinking into the more general arena of everyday affairs. There will a guest conductor to conduct each group. There is no set fee for these sessions but participants are asked to make an affordable contribution for the evening. Pre-registration for this event is required.

**Film: In Session:** provides a space in which to indulge our love of cinema in the context of psychoanalytic theory. The group comes together on the fourth Friday of the month at 19.00 pm between September and June to share the experience of watching a film before engaging in an informal Discussion loosely focused around a particular theme which is supported by a prior reading, relevant to psychoanalytic theory. The group is open to anyone with an interest in psychoanalytic theory. Course Fee: €200

**ONE CITY ONE BOOK - APRIL 2012**

**POETRY EVENING: IN THE NOW - NOVEMBER 2011**

For further information please visit our website or contact us at-

certificates of attendance for CPD are awarded.

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