



Anne McCormack is a Systemic Psychotherapist and author of 'Keeping Your Child Safe on Social Media: Five Easy Steps'. Anne works in private practice in North Co Dublin with couples, families and individual young people. She has written for The Irish Times, Irish Independent and Irish Examiner, often on the topic of social media use.

Anne will be speaking about the role of psychotherapy within family life when it comes to managing social media boundaries. In particular, Anne will focus on how psychological development and communicating around this issue matters when it comes to supporting young people to manage their boundaries around social media use.