



Barbara Fitzgerald is a registered psychoanalyst and psychotherapist with a private practice in Dublin. Having worked in hospital, clinical and private institutions over a period of thirty-five years, she also taught extensively in different educational institutions and has presented internationally at conferences in the UK and throughout Europe. She has worked as a consultant to organisations and companies, both in the private and public sectors in Ireland. She has a specialist interest both in somatic psychology and societal processes and change. She is former President of the European Confederation of Psychoanalytical Psychotherapies (ECP) (2012-2016). She is an International expert for Psychoanalysis on the Training Standards Committee of the European Association for Psychotherapy. Barbara is a past Chairperson of the Irish Council for Psychotherapy and has recently completed her term as the Chairperson of the Psychoanalytic section of the ICP.

During this presentation, Barbara Fitzgerald will address the psychological and societal dynamics that can arise during times of cultural and societal change. People and countries can shift allegiances and bonds together based on the next perceived challenge. These processes of projection and denial always need to be questioned. Borders and boundaries can keep people out as well as keep people in. *We always need to know, by entering into the dominant discourse of the day, who we might be excluding.* Modern politics encourages the politics of the tribe with all the primitive processes of tribal allegiance. What are the challenges facing Psychotherapists in these changing times?