



Patricia Hunt is the Vice Chair of the UK Council for Psychotherapy. Pat spent the first ten years of her career in education and teaching. Following the Hillsborough Disaster she supported one of the families tragically affected, and arising from this experience she decided to train as a Psychotherapist through the Department of Psychiatry at the University of Sheffield. Pat has worked as a Psychotherapist in the public and higher education sectors for 29 years. She was Head

of the University Counselling Service at the University of Nottingham, using psychotherapeutic theory in the leadership and management of the service and wider University. She was also Chair of the national body of Heads of University Counselling Services (HUCS). Pat has been Vice Chair of UKCP since 2015 and was a Trustee from 2013-2015. She has been involved in UKCP committees, boards and international work since 1997. In 2017 the UKCP Board appointed her as International Officer, and since then she has been working closely with Anne Colgan and José Castilho through the European Association for Psychotherapy.

Pat will reflect on what borders symbolise for us as individuals and nations; what component of our psyche as individuals and nations enables us to have a sense of belonging or not belonging; why do boundaries matter; and within this context what does Brexit represent symbolically.