

# Trauma

## *Working with Torture Survivors from a Refugee Background*

The IFPP is delighted to welcome Aisling Hearn of Spirasi to present this seminar on Working with Torture Survivors from a Refugee Background.

As we see an increase in people with significant trauma this seminar will form a reflective space for working with survivors of torture. This workshop will outline the impact of the torture and the refugee experience, the triple trauma paradigm, and how to work with a survivor of torture from a refugee background. As nearly 20% of Spirasi clients identify as LGBTQ+ and Spirasi's LGBTQ+ clients have often been subject to a lifetime of trauma, rejection, and torture, this workshop will explore the additional difficulties this community experiences.

### Schedule

Saturday, 18th February 2023

Presentation of seminar by Aisling Hearn	10.00 am to 11.00 am
Discussion / Q&As	11.00 am to 11.30 am

**This is an online event and Zoom login details will be sent to all ticket purchasers before the event.**

## The Speaker

Aisling Hearn (MA in Psychoanalytic Psychotherapy) is the head of psychotherapy in Spirasi. Spirasi is the rehabilitation centre for survivors of torture in Ireland. Aisling has several degrees in the area of mental health and has just concluded a doctorate in psychology in Trinity College Dublin. Aisling's role in Spirasi is to provide individual and group psychotherapy to survivors of torture and oversee the wider therapy team.

Spirasi is Ireland's national centre for the rehabilitation of survivors of torture. The majority of their clients are people currently seeking asylum in Ireland after fleeing persecution in their country of origin. Spirasi offers a holistic rehabilitation model which includes therapeutic, psychosocial, medico-legal, education and integration supports to survivors. This workshop will outline the impact of the torture and the refugee experience, the triple trauma paradigm, and how to work with a survivor of torture from a refugee background. As nearly 20% of Spirasi clients identify as LGBTQ+ and Spirasi's LGBTQ+ clients have often been subject to a lifetime of trauma, rejection, and torture, this workshop will explore the additional difficulties this community experiences.



Spirasi is a humanitarian, intercultural, non-governmental organisation that works with asylum seekers, refugees and other disadvantaged migrant groups, with special concern for survivors of torture. In partnership with others, Spirasi enables access to specialist services to promote the well-being of the human person, and encourages self-reliance and integration into Ireland.

### Tickets

	Early Bird until 03/02/2023	Full Price
General Admission	€12.50	€17.50
Student	€7.50	€12.50

This event will be recorded and made available to all ticket holders to view for 30 days shortly after the event closes.

[Book Now](#)